

7 SPECIAL REPORT

Lumiere

Air Date: 02/23/2006

 [Email this story to a friend](#)

 [Video](#) (Windows Media)

To look younger or clear up your complexion, it can cost a lot of money. but a new device may shed some light on these problems without costing a fortune.

Planet Beach Representative

"Correctly positioned to get all areas of the face. You turn it on and they lay here for 20 minutes"

It may look like a mini tanning bed...but this is not for darkening skin.

Alice Hocker/Lumiere Patient

"I think everyone wants to look their youngest and their best"

Christi Poslick/Lumiere Patient

"You can really feel your pores shrinking and your complexion getting better almost immediately."

Lumiere is light therapy that claims to rejuvenate the skin, giving it a lift and evening out skin tone and texture.

Alice Hocker/Lumiere Patient

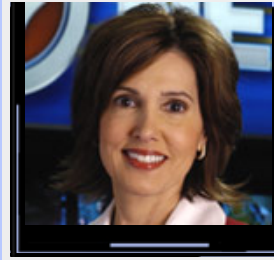
"I truly noticed the first time. The tightening part I saw."

Approved by the FDA more than 2 years ago...Lumiere is non-UV and non-laser.

Christi Poslick had trouble with acne and says Lumiere helped clear her complexion.

Christi Poslick/Lumiere Patient

"I can touch my face and it feels soft, I don't feel bumps or anything like that, I don't have to wear as much makeup anymore because my face is clear."



Reported by:

Dr. Deanna Lites

Producer:

Christina Mattingly

Contact:

CMattingly@whdh.com

Search Special Report:

Advertising Links

[> Buy a Link](#)



For the over 30 crowd...fine lines and wrinkles is the target area.

Alice Hocker/Lumiere Patient

"That pretty glow that it leaves on your face. You don't want to cover it up"

Dr. Michael Kaminer --from skincare physicians-- uses a similar device on his patients.

Dr. Michael Kaminer, Skincare Physicians of Chestnut Hill

"All you have to do is stay like that with your eyes closed."

Dr. Kaminer says it's safe and pain free...but light therapy may not be enough.

His patients use it after micro-dermabrasion or a chemical peel for better results.

Michael Kaminer, M.D.

Skincare Physicians of Chestnut Hill

"The only thing they have been shown to do is really improve skin texture make it feel a lit bit softer. There is promise for it to do things like acne, wrinkles, brown spots. But that is more hope than reality right now so I think time will tell."

Doctors say the best part of Lumiere and other forms of light therapy are the price.

It costs between \$25-\$100 per treatment. The recommendation is between 7-8 treatments.

[Skincare Physicians of Chestnut Hill](#)

[Pathways to beauty](#)

(Copyright (c) 2006 Sunbeam Television Corp. All Rights Reserved. This material may not be published, broadcast, rewritten or redistributed.)

SPECIAL ASSIGNMENTS

- [Visiting vets](#)
- [Targeting tumors](#)
- [Cat bites](#)
- [Too young to pierce](#)
- [Fatty foods](#)

[\[more reports\]](#)

LINKS

- [Boston Restaurant Week](#)

[\[MORE LINKS\]](#)

[Contact Us](#)[Sales](#)[Job Openings](#)[WSVN-TV](#) [Miami](#)[MSNBC](#)[Intellicast](#)[Mirror Image](#)



508.

Copyright © 2006 Sunbeam Television Corp. This page uses validated [XHTML](#), [CSS](#),

WHDH-TV
7 Bulfinch Place
Boston MA 02114